## 100 People10 Weeks1 Challenge

Helping people of all ages break free from addiction.

Will you rise to the challenge?



## 100 &1 CLUB

## Rise to the Challenge

Teen Challenge changes lives by helping people break free of addiction and here's how you can help...

## Join the 100 & 1 Club!

Rise to the challenge and have fun with your mates. Get fit, clean out your shed, fit back into your favourite jeans, learn guitar or walk 100 kilometres – whatever you want over ten weeks to raise funds for Teen Challenge.

Learn more how you can make a difference in someone's life today. Visit: 100and1club.org.au to register, donate or sponsor someone today.







